# Gluten Free



## Wheaton Store, Midwest Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

http://www.wholefoodsmarket.com/specialdiets

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

## **Baby & Child Products**

365 Everyday Value®
Baby Lotion
Self Foaming Baby Wash

## **Baby & Infant Food**

Happy Baby Puffs Strawberry Puffs

#### **Baked Goods**

Ethel's Edibles

Hummingbird Muffins GrahamBerry Cookie

Kinnikinnick

Chocolate Chip Muffins Chocolate Dipped Donuts Blueberry Muffins

**Udi's Gluten Free Foods** 

Lemon Streusel Muffins
Double Chocolate Muffins

WFM Gluten Free Bakehouse

Stuffing Mix

Vanilla Cupcakes

Cinnamon Raisin Bread

Cornbread

Cream Biscuits

**Chocolate Cupcakes** 

Stuffing Cubes

Pumpkin Pie

Cherry Pie

Honey Oat Bread

Pie Shells

Vanilla Confetti Cake

Apple Pie

WFM Gluter Free Bakehouse

#### WFM Gluter Free Bakehouse (Cont'd)

Chocolate Confetti Cake

## **Baking Needs**

**Bob's Red Mill** 

Steel Cut Gluten Free Oats
Organic Raw Whole Flaxseed

AP Baking Flour GF

Hemp Protein Powder

Organic Golden Flaxseed

Gluten Free Chocolate Chip Cookie Mix

Xanthan Gum

Sweet White Sorghum Flour

Natural Hazelnut Flour/Meal

Flaxseed

Organic Amaranth Flour

Potato Starch

Hulled Hemp Seeds

Gluten Free Pancake Mix

Gluten Free Chocolate Cake Mix

AP Baking Flour GF

Organic Rice Flour Brown

Brown Rice Flour

White Rice Flour

Organic Brown Rice Farina

Oat Bran

#### Cherrybrook Kitchen

Pancake and Baking Wheat Free/Gluten Free Mix

## Cup4Cup

Wholesome Flour

Gluten-Free Multi-Purpose Flour

#### **Edward & Sons**

GF Vegan Cornstarch

Organic Tapioca Starch

**Ener-G Foods** 

Xanthum Gum

**Enjoy Life Foods** 

Mega Chunks

**Gluten Free Pantry** 

Yankee Cornbread Mix

Brown Rice Pancake and Waffle Mix

Glutino

Double Chocolate Brownie Mix

Hain

**Baking Powder** 

King Arthur

Gluten Free Bread Mix

King Arthur Flour

Gluten Free All-Purpose Baking Mix

Let's Do... Organic

Organic Tapioca Granules

**Namaste** 

Pizza Crust Mix

**Pamela's Products** 

Bread Mix & Flour Blend

Baking & Pancake Mix, 4 lb

Gluten and Wheat Free Chocolate Chunk Cookie Mix

Dark Chocolate Frosting Mix

Artisan Blend Flour

**Spectrum Naturals** 

Organic Vegetable Shortening

**SunSpire** 

Semi Sweet Baking Chip

WFM Gluten Free Bakehouse

Pie Shells

**Beverages** 

**Blue Diamond** 

Unsweetened Vanilla Almond Breeze

Kedem

100% Organic Grape Juice

Republic of Tea

Hibiscus Tea

Jasmine Jazz Tea

Jasmine Pearls Tea

Organic Dancing Leaves Green Tea 50 CT

Hi Caf Breakfast Tea

The Ginger People

Ginger Soother

The Republic of Tea

Pineapple Ginger Green Tea Bags

Get Burning

Hi Caf Toasted Coconut Black

Strawberry Chocolate Red Tea

Get Clean Herb Tea

Orange Spice Green Tea Bags

Cardamon Cinnamon Herbal Tea Bags

Acai Green Tea

The Republic of Tea (Cont'd)

Hibiscus Vanilla Apple

Pomegranate Green Decaf

Red Velvet Chocolate Red Tea

Wildberry Plum Green Decaf Teabags

Comfort And Joy Tea

Get Some Zzzs Herb Tea

Wildberry Plum Green Teabags

Doubles Trio Stackable Tin

Hi Caf Pom Berry Black

Hi Caf Caramel Black

Coconut Hibiscus Tea

Hibiscus Pineapple Lychee

Get Lost Herb Tea

Hot Apple Cider Tea Bags

Pumpkin Spice Black Tea

## **Bread**

**Against The Grain** 

Original Rolls

Sesame Bagels

Rosemary Baguette

Canyon Bakehouse

**Everything Bagels** 

Cinnamon Raisin Bread

Rosemary Thyme Focaccia

Plain Bagels

Food for Life

Gluten Free Rice Pecan Bread

Gluten Free Black Rice Tortillas

Gluten Free Rice Almond Bread

Gluten Free White Bread

Gluten Free Millet Bread

Gluten Free Raisin Pecan Bread

Glutino

Original Bread Crumbs

**English Muffins** 

Kinnikinnick

Tapioca Rice English Muffin

**Rudi's Gluten-Free Bakery** 

Gluten-Free Original Sandwich Bread

**Udi's Gluten Free Foods** 

Plain Tortillas - Large

Plain Bagels

Classic French Rolls

WFM Gluten Free Bakehouse

Cornbread

Honey Oat Bread

Cream Biscuits

Cinnamon Raisin Bread

## **Breakfast Foods**

**Amy's Kitchen** 

Breakfast Scramble, 12pk

**Gluten Free Pantry** 

#### Gluten Free Pantry (Cont'd)

Brown Rice Pancake and Waffle Mix

#### Nature's Path

**Buckwheat Waffles** 

## Candy and Chocolate

## Amy's Kitchen

Sunny Candy Bar

Crunchy Candy Bar

## **Enjoy Life**

Boom Choco Boom Dark Chocolate Bar

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

#### Glee

Cinnamon Gum

Spearmint Gum

Peppermint Gum

Tangerine Gum

Bubblegum Gum

#### Go Max Go

Buccaneer Candy Bar SNAP! Candy Bar

# Ocho Candy

Caramel & Peanut Bar

Peanut Butter Bar

## **The Ginger People**

Ginger Chew

#### YumEarth

Organic Wild Peppermint Drops

Ginger Zest Candy

Organic Cheeky Lemon Drops

#### **Canned Goods**

## **Native Forest**

Organic Baby Corn

## Canned/Jarred Goods

#### **Amy's Kitchen**

Low Sodium Spicy Chili

Low Sodium Medium Chili

Spicy Chili

Medium Chili with Vegetables

Vegetarian Baked Beans

## **Imagine Foods**

Organic Creamy Butternut Squash Soup

## Cereal

#### **Ancient Harvest**

Organic Quinoa Flakes 12 oz

## **Arrowhead Mills**

Organic Rice Flakes Sweetened Cereal

#### **Bob's Red Mill**

Organic Brown Rice Farina

Steel Cut Gluten Free Oats

## Dr. McDougall's

Organic Chia Crunch Superfood Hot Cereal

#### **Engine 2**

Organic Rip's Power-Up Bowl, Double Berry Hot Cereal

#### **Envirokidz**

Organic Amazon Flakes Cereal

#### **Erewhon**

Corn Flakes

Rice Twice

#### **KIND**

Whole Grain Peanut Butter Granola Clusters

#### **KIND Healthy Grains**

Vanilla Blueberry Clusters with Flax Seeds

#### Nature's Path

Organic Whole Grain Brown Crispy Rice Gluten-Free Cereal

Organic Whole O's Cereal Gluten-Free

#### **Udi's Gluten Free Foods**

Original Granola

## Cheese

#### **Follow Your Heart**

Vegan Gourmet Cheddar

#### **GO Veggie! Lactose Free**

Rice Cheddar Flavor Shred

American Rice Slices 7.3 oz.

## Chips/Pretzels/Snacks

#### **Blue Diamond**

Smokehouse Nut Thins

#### **Enjoy Life**

Lentil Chips - Parmesan Garlic (Plentils)

## Garden of Eatin'

Red Hot Blues Spicy All Natural Tortilla Chips

Red Hot Blues Spicy All Natural Tortilla Chips

Pico De Gallo All Natural Tortilla Chips With Cilantro, Tomato, Jalapeno, and Garlic

## Glutino

Yogurt Covered Pretzels

Gluten free Chocolate Covered Pretzels

**Table Crackers** 

#### **Green Mountain Gringo**

Tortilla Strips

#### **Kettle Foods**

Backyard Barbeque Potato Chips

Classic Barbeque Krinkle Cut

#### Late July

Yellow Corn Tortilla Chips

Dude Ranch Multigrain Snack Chips

Multigrain Sea Salt Snack Chips

Sea Salt Tortilla Chips

Mild Green Mojo Chips

#### **Lundberg Family Farms**

Eco-Farmed Brown Rice Cakes, Salt Free

Organic Sea Salt Rice Chips

Eco-Farmed Brown Rice Cakes, Lightly Salted

Organic Mochi Sweet Rice Cakes, Lightly Salted

**Lundberg Family Farms (Cont'd)** 

Organic Fiesta Lime Rice Chips

**Primal Strips Vegan Jerky** 

Gluten Free Texas BBQ Soya

**Real Foods** 

Sesame Organic Corn Thins

**Skinny Pop** 

Single Serve Popcorn

Skinny Pop 6 pack

**Terra Chips** 

Sweet Potato Cinnamon Spice

Sweet Potato and Apple Chips with Cinnamon

**Way Better** 

Pumpkin Cranberry Tortilla Chips

Coffee and Tea

**Celestial Seasonings** 

**Nutcracker Sweet** 

Republic of Tea

Hi Caf Breakfast Tea

Hibiscus Tea

Jasmine Jazz Tea

Organic Dancing Leaves Green Tea 50 CT

Jasmine Pearls Tea

The Republic of Tea

Orange Spice Green Tea Bags

Hi Caf Caramel Black

Comfort And Joy Tea

Strawberry Chocolate Red Tea

Red Velvet Chocolate Red Tea

Get Lost Herb Tea

Doubles Trio Stackable Tin

Pomegranate Green Decaf

Get Clean Herb Tea

Cardamon Cinnamon Herbal Tea Bags

Wildberry Plum Green Decaf Teabags

Pumpkin Spice Black Tea

Hibiscus Vanilla Apple

Get Some Zzzs Herb Tea

Acai Green Tea

Hi Caf Pom Berry Black

Coconut Hibiscus Tea

Wildberry Plum Green Teabags

Hi Caf Toasted Coconut Black

Hot Apple Cider Tea Bags

Pineapple Ginger Green Tea Bags

Hibiscus Pineapple Lychee

Get Burning

**Third Street Chai** 

Organic unsweetened black tea

Organic green mint and honey tea

Organic unsweetened green tea

**Condiments** 

**Earth Balance** 

Earth Balance (Cont'd)

Mindful Mayo Organic

Mindful Mayo Original

**Follow Your Heart** 

Vegenaise Tartar Sauce

Grapeseed Oil Vegannaise

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Vegenaise Horseradish Sauce

Organicville

Organic Non-Dairy Coleslaw Dressing

Organic Non-Dairy Thousand Island Dressing

Organic Stone Ground Mustard

Organic Chili Sauce

Organic Tangy BBQ Sauce

San -J International

Szechuan Sauce

**Spectrum** 

Soy Mayonnaise Squeeze Bottle

Canola Mayo

Canola Mayo

The Ginger People

Ginger Soother

**Cookies and Snack Bars** 

365 Everyday Value®

Gluten-Free White Chocolate Chip Cranberry Oatmeal

Thin & Crispy Cookies

**Bobo's Oat Bars** 

Apple Pie Oat Bar

**CORE Foods** 

Cashew Cacao Defender Bar

**EPIC Bar** 

Bacon Bar

**Enjoy Life Foods** 

**Double Chocolate Crunchy Cookies** 

**Ginny Bakes** 

Organic Chocolate Chip Macadamia Love Cookies GF

Organic Chocolate Chip Oatmeal Bliss Cookies GF

Glutino

**Chocolate Coated Chocolate Wafers** 

Go Raw

Real Live Flax Bar

Lemon Super Cookies

Live pumpkin Bar

Chocolate Coconut Crisp

GoMacro, Inc

Macrobar Tahini Date

Macrobar Granola W/ Coconut

Macrobar Cherries N' Berries

KIND

Whole Grain Peanut Butter Granola Clusters

**KIND Fruit & Nut** 

Almond Apricot

Fruit & Nut With Yogurt

KIND Fruit & Nut (Cont'd)

Almond Apricot with Yogurt

**KIND Nuts & Spices** 

Madagascar Vanilla Almond

Cashew Ginger Spice

**KIND Plus** 

Blueberry Pecan + Fiber

Cranberry Almond + Antioxidants

Pomegranate Blueberry Pistachio + Antioxidants

Mi-Del

Chocolate Sandwich Cookies

**Pamela's Products** 

**Butter Shortbread Cookies** 

Perfect Bar & Co

Organiv Vegan Coconut Almond Bar

So Delicious

Coconut Milk Cookie Dough

That's It

Apple and Apricot Fruit Bar

**ThinkThin** 

Lean Protein Fiber Salted Caramel Bar

Lean Protein Fiber Cinna Bun White Chocolate Bar

Lean Protein Fiber Honey Drizzle Peanut Bar

Lean Protein Fiber Chocolate Almond Brownie Bar

**Udi's Gluten Free Foods** 

Chocolate Chip Cookies

#### Cosmetics

#### **Mineral Fusion**

Liquid Lip Gloss - Sensitive

Lip Gloss - Clarity

Brush Eye Contour

**Brush Flawless** 

Liquid Lip Gloss - Enlighten

Pressed Powder Foundation - WARM 1

Pressed Powder Foundation - WARM 3

Pressed Powder Foundation - OLIVE 1

Eye Pencil Touch

Brush Camouflage

Lip Gloss - Captivate

Lip Stick - Burst

Pressed Powder Foundation - NEUTRAL 1

Blush - FLASHY

Lengthening Mascara Rock

Brush Kabuki

Lipstick - Exotic

Liquid Lip Gloss - Polished

Liquid Lip Gloss - Heat

Lip Gloss - Dazzle

Lip Stick Flashy

Pressed Powder Foundation - COOL 1

Eye Shadow Trio - FRAGILE

Brush Blush

Face Primer

#### Mineral Fusion (Cont'd)

Radiance Illuminating Powder

Blush Airy

Concealer Duo - Deep

Eye Shadow Trio - STUNNING

Brush Eye Base

Pressed Powder Foundation - DEEP 1

Eve Shadow - PRISM

Eye Shadow Trio - DENSITY

Brush Blender

Lip Pencil - Elegant

Hydration Mist

Liquid Lip Gloss - Delicate

#### Crackers

#### **Back to Nature**

Black Bean and Fiesta Lime Rice Crackers

#### **Doctor In The Kitchen**

Cinnamon & Currants Flackers Flax Seed Crackers

#### **Edward & Sons**

Onion Garlic Brown Rice Snaps

## **Lundberg Family Farms**

Eco-Farmed Brown Rice Cakes, Lightly Salted

Eco-Farmed Brown Rice Cakes, Salt Free

Organic Mochi Sweet Rice Cakes, Lightly Salted

## **Dairy**

## 365 Everyday Value®

Organic Vanilla Fat Free Yogurt

Organic Blueberry Fat Free Yogurt

Organic Raspberry Fat Free Yogurt

## **Brown Cow Yogurt**

Cream Top Blueberry Fruit on the Bottom

Cream top Plain

Cream Top Strawberry Fruit on the bottom

#### **Earth Balance**

Organic Whipped Buttery Spread

**Buttery Sticks** 

Buttery Spread with Olive Oil

Original Buttery Spread

Soy Free Buttery Spread

Original Buttery Spread

## **FAGE Total**

Yogurt Greek NonFat Honey

Yogurt Total Greek 2 Pct ReducedFat w Strawberry

Yogurt Total Greek 2 Pct w Cherry

Yogurt Total Greek 2 Pct w Peach

Yogurt Total Greek 0 Pct w Strawberry

Yogurt Total Greek 2 Pct

Yogurt Total Greek 0 Pct w Blueberry

Yogurt Total Greek 2 Pct Blueberry

Yogurt Total Greek 0 Pct w Raspberry

Yogurt Total Greek 2 Pct ReducedFat w Honey

#### Lifeway

Strawnana Split Frozen Probugs

#### Lifeway (Cont'd)

Goo Berry Pie Frozen Probugs

#### **Lifeway Foods**

Lowfat Strawberry Kefir 4 pack

Frozen Original Kefir

Pomegranate Blueberry Bio Kefir

Lowfat Blueberry Kefir

## Stonyfield

Pacific Coast Strawberry Yogurt

#### Stonyfield Farm

Vanilla YoBaby Yogurt 6 Pck

Blueberry Apple YoBaby Yogurt 6 Pck

Organic Raspberry Pear YoToddler Yogurt 6 Pck

Organic Plain YoBaby Yogurt 6 Pck

Organic Strawberry Banana YoToddler Yogurt 6 Pck

Wild Quebec Blueberry Yogurt Madagascar Vanilla Bean Yogurt

## Stonyfield Organic Yogurt

0% Fat Plain

Low Fat French Vanilla

YoKids: Strawberry Banana

YoKids: Blueberry Strawberry Vanilla

#### **Wallaby Organic**

Creamy Australian Style Lowfat Black Cherry Yogurt

Greek Nonfat Yogurt with Mixed Berries

Creamy Australian Style Lowfat Plain Yogurt

Creamy Australian Style Lowfat Blueberry Yogurt

Creamy Australian Style Lowfat Vanilla Bean Yogurt

Creamy Australian Style Lowfat Key Lime Yogurt

Greek Nonfat Yogurt with Raspberries

Creamy Australian Style Lowfat Peach Yogurt

Greek Nonfat Yogurt with Lemon

Creamy Australian Style Lowfat Strawberry Yogurt

#### truwhip

whipped topping

lite whipped topping

## **Dairy Alternatives**

#### **Blue Diamond**

Vanilla Almond Breeze

Almond Breeze Original

Unsweetened Vanilla Almond Breeze

Almond Breeze Vanilla

Original Almond Breeze

## **Follow Your Heart**

Vegan Gourmet Mozzarella

Vegan Gourmet Cream Cheese Alternative

Vegan Gourmet Cheddar

#### **GO Veggie! Lactose Free**

Rice Cheddar Flavor Shred

American Rice Slices 7.3 oz.

#### Go Veggie!

Cream Cheesy Bliss Classic Plain Cream Cheese Alternative

#### **Purely Decadent**

Coconut Milk Mint Chip

#### **Rice Dream**

**Enriched Chocolate Rice Drink** 

Rice Drink Organic Original Enriched

Rice Drink Vanilla Enriched

#### So Delicious

Coconut Almond Minis

Chocolate Covered Vanilla Coconut Minis

Vanilla Bean Coconut Milk Dessert

#### So Delicious Dairy Free

French Vanilla Coconut Milk Creamer

Chocolate Peanut Butter Swirl Coconut Milk Non-Dairy

Frozen Dessert

Chocolate Coconut Milk

#### **Spectrum Naturals**

Organic Vegetable Shortening

## **Desserts**

#### **Hail Merry**

Persian Lime Tart

Meyer Lemon Miracle Tart

Coconut Vanilla Creme Miracle Tart

## **Halo Top Creamery**

Light Chocolate Ice Cream

## Luna & Larry's Coconut Bliss

Coconut Bliss Chocolate Hazelnut Fudge

Coconut Bliss Naked Coconut

Coconut Bliss Chocolate Walnut Brownie

Coconut Bliss Vanilla Island

Coconut Bliss Salted Caramel & Chocolate

Coconut Bliss Dark Chocolate

Coconut Bliss Ginger Cookie Caramel

Coconut Bliss Mint Galactica

Coconut Bliss Cherry Amaretto

#### So Delicious

Vanilla Bean Coconut Milk Dessert

#### **The Piping Gormets**

Vanilla Whoopie Pies 4 pk

Chocolate Whoopie Pies 4 pk

#### WFM Gluten Free Bakehouse

Angel Food Cake

Chocolate Cupcakes

Vanilla Cupcakes

## **Energy and Nutrition Bars/Drinks**

#### GoMacro. Inc

Macrobar Tahini Date

Macrobar Granola W/ Coconut

Macrobar Cherries N' Berries

#### **KIND**

Fruits Nut in Yogurt 12 ct Bars

Blueberry Pecan Fiber 12 ct bars

Madagascar vanilla Almond 12 ct bars

#### **KIND Healthy Grains**

#### KIND Healthy Grains (Cont'd)

Vanilla Blueberry Clusters with Flax Seeds

#### Kind

Almond Apricot 12 ct Bars

#### Think Thin

High Protein Creamy Peanut Butter Bar

#### thinkThin

nutrition bar

## **Entrees and Mixes**

#### **Amy's Kitchen**

Three Cheese Kale Bake Bowl, 12pk

#### **Bob's Red Mill**

Gluten Free Chocolate Chip Cookie Mix

Gluten Free Chocolate Cake Mix

Gluten Free Pancake Mix

#### Cherrybrook Kitchen

Pancake and Baking Wheat Free/Gluten Free Mix

#### **Edward & Sons**

Organic Home Style Mashed Potato Mix

#### **Lundberg Family Farms**

Garlic Primavera Risotto

#### **Modern Table**

Italian Red Lentil Penne and Veggie Meal Mediterranean Lentil Rotini and Veggie Meal

#### **Namaste**

Pizza Crust Mix

#### **Pamela's Products**

Dark Chocolate Frosting Mix

## **Road's End Organics**

Organic Golden Gravy Mix

Organic Savory Herb Gravy Mix

## **Ethnic Foods**

#### **Edward & Sons**

Miso-Cup, Original Golden Vegetable

Miso-Cup, Savory Seaweed

## Food for Life

Gluten Free Black Rice Tortillas

#### **Premier Japan**

Organic Wheat-Free Hoisin Sauce

## Saffron Road

Lemongrass Basil Simmer Sauce

#### **Star Anise Foods**

Happy Pho-Shiitake Mushroom Happy Pho-Garlic Goodness

Happy Pho-Zesty Ginger

## Streit's

GF Matzo Ball & Soup Mix

GF Matzo Ball Mix

## **Facial Care Products**

## 365 Everyday Value®

Daily Facial Cleanser - For Normal to Oily Skin Moisturizing Lotion FOR ALL SKIN TYPES Gentle Skin Cleanser - For All Skin Types

#### Derma F

Evenly Radiant Dark Circle Eye Creme Refining Vitamin A and Glycolic Cleanser

Evenly Radiant Night Creme

Hydrating Night Creme with Hyaluronic Acid

Hydrating Cleanser with Hyaluronic Acid

Refining Vitamin A and Glycolic Scrub

Firming Cleanser with DMAE, Alpha Lipoic and C-Ester Firming Moisturizer with DMAE, Alpha Lipoic and C-Ester

Vitamin E Severely Dry Skin Creme

**Evenly Radiant Cleanser** 

**Evenly Radiant Serum** 

Hydrating Serum with Hyaluronic Acid

Soothing Moisturizing Creme With anti-aging Pycnogenol

Hydrating Day Creme with Hyaluronic Acid Very Clear Scrub Anti-Blemish Complex

Hydrating Eye Creme with Hyaluronic Acid and

Pycnogenol

Very Clear Cleanser Anti-Blemish Complex

Deep Wrinkle Reverse Moisturizer with Peptides Plus

Microdermabrasion Scrub

Soothing Cleanser With anti-aging Pycnogenol

## Frozen Foods

## 365 Everyday Value®

Breaded Chicken Nuggets Gluten Free

## **Amy's Kitchen**

Black Bean & Quinoa Burrito

Tofu Scramble

Indian Mattar Paneer

Indian Mattar Tofu

Teriyaki Bowl

Indian Vegetable Korma

Sonoma Veggie Burger

Light & Lean Black Bean & Cheese Enchilada

Rice Crust Spinach Pizza

Whole Meal Veggie Loaf Light Sodium

Black Bean Enchilada Whole Meal

Indian Palak Paneer

Enchilada Verde Whole Meal

Rice Crust Cheese Pizza

Garden Vegetable Lasagna

Thai Red Curry

Thai Green Curry

Gluten Free, Dairy Free Baked Ziti Bowl

Tortilla Casserole & Black Beans Bowl

Low Sodium Black Bean Vegetable Enchilada

Cheese Tamale Verde

Roasted Vegetable Tamale

Brown Rice & Vegetables Bowl

Brown Rice, Black-Eyed Peas & Veggies Bowl

Cheese Enchilada Whole Meal

Light & Lean Soft Taco Fiesta Bowl

Black Bean Vegetable Enchilada

#### Amy's Kitchen (Cont'd)

Low Sodium Indian Mattar Paneer

## **Applegate Farms**

Gluten Free Corn Dog

Gluten Free Chicken Nuggets

#### Blake's

Gluten Free Shepherd's Pie

#### **Feel Good Foods**

Gluten Free Vegetable Dumplings

Gluten Vegetable Egg Rolls

#### Glutenfreeda

Beef & Potato Burrito

Chicken & Cheese Burrito

Vegetarian Bean & Cheese Burrito

#### Glutino

Spinach Feta Pizza

#### **Halo Top Creamery**

Light Chocolate Ice Cream

#### Hilary's Eat Well

Adzuki Bean Burger 2 Pck

Root Vegetable Burger 2 Pck

Hemp and Greens Burger

#### **lan's Natural Foods**

Chicken Nuggets, Allergen Free

Wheat Free Gluten Free Chicken Nuggets Family Pack

Fish Sticks, Allergen Free

#### Kinnikinnick

Chocolate Chip Muffins

Tapioca Rice English Muffin

**Blueberry Muffins** 

**Chocolate Dipped Donuts** 

#### **Lifeway Foods**

Frozen Original Kefir

#### Luna & Larry's Coconut Bliss

Coconut Bliss Chocolate Hazelnut Fudge

Coconut Bliss Ginger Cookie Caramel

Coconut Bliss Mint Galactica

Coconut Bliss Naked Coconut

Coconut Bliss Cherry Amaretto

Coconut Bliss Chocolate Walnut Brownie

Coconut Bliss Salted Caramel & Chocolate

Coconut Bliss Dark Chocolate

Coconut Bliss Vanilla Island

## **Purely Decadent**

Coconut Milk Mint Chip

#### Qrunch

Quinoa burger Original

#### Saffron Road

Chicken Tenders

Lemongrass Basil Simmer Sauce

#### So Delicious

Coconut Milk Cookie Dough

Chocolate Covered Vanilla Coconut Minis

#### So Delicious (Cont'd)

Coconut Almond Minis

#### **Tandoor Chef**

Classic Chicken Curry w/ Basmati Rice

Palak Paneer

Channa Masala

#### **Grains and Rice**

#### Alter Eco

Thai Sticky Purple Rice

#### **Lotus Foods**

Forbidden Rice 15 oz.

Forbidden Rice Bowl 7 oz.

Organic Volcano Rice Bowl 7 oz.

#### **Lundberg Family Farms**

Eco-Farmed Long Grain Brown Rice

Organic California Brown Basmati Rice

Organic Brown Rice Pasta, Penne

Organic California Brown Jasmine Rice, 25 lb

Garlic Primavera Risotto

Organic Short Grain Brown Rice

Organic Brown Rice Pasta, Spaghetti

Organic California White Basmati Rice

Organic California White Jasmine Rice

#### Minsley

Heat & Eat Organic Short Grain Brown Rice

Heat & Eat Organic Long Grain Brown Rice

Heat & Eat Organic Countrywild Brown Rice

## **Hand & Body Lotions**

#### 365 Everyday Value®

Maximum Moisturizing Lotion

Moisturizing Lotion FOR ALL SKIN TYPES

Maximum Moisturizing Lotion

## Hand & Body Washes

## 365 Everyday Value®

Foaming Hand Soap Sandalwood

Liquid Hand Soap Sweet Plum

Foaming Hand Soap Fragrance Free

Foaming Hand Soap Lavender

Foaming Hand Soap Lavender

Foaming Hand Soap Herbal Mint

**Bubble Bath Uplifting Citrus** 

**Bubble Bath Sweet Apple** 

Liquid Hand Soap White Tea

Foaming Hand Soap Fragrance Free

Foaming Hand Soap Citrus Grapefruit

Foaming Hand Soap Citrus Grapefruit

Liquid Hand Soap Fragrance Free

#### Wild Kratts

Foaming Body Wash - Tropical Twist

#### Jams and Nut Butters

**Bob's Red Mill** 

Flaxseed

#### Bob's Red Mill (Cont'd)

White Rice Flour

#### Justin's

All-Natural Classic Peanut Butter (1.15oz squeeze pack)
Maple Almond Butter Jars

#### Meat Alternatives

## Hilary's Eat Well

Adzuki Bean Burger 2 Pck Root Vegetable Burger 2 Pck Hemp and Greens Burger

#### **Primal Strips Vegan Jerky**

Gluten Free Texas BBQ Soya

#### Qrunch

Quinoa burger Original

## Meat and Poultry

#### **Pederson Natural Farms**

Uncured Applewood Smoked Bacon

## Miscellaneous Grocery

#### **lan's Natural Foods**

Gluten Free Original Panko Breadcrumbs

## **Nutritional Supplements**

## **AmaZing Grass**

Organic Wheat Grass Powder

#### **Amazing Grass**

Green SuperFood Chocolate

#### **BioChem**

100% Whey Protein Natural Flavor 100% Whey Protein Vanilla Packet 100% Whey Protein Natrual Flavor 100% Whey Protein Vanilla 1.9lb

#### **Country Life**

Vitamin D3 2500 IU 200ct

B-12 1000mcg Time Release 60ct

Kelp 300 Tablet

Super Potency Biotin 5mg 60ct Vitamin C w/Rosehip 500mg 100ct

Superior B-12, 50 ct

Chelated Magnesium 250mg Tablets, 90 ct

B-12 500mcg Time Release 100ct Betaine Hydrochloride w/Pepsin 100ct

DHEA 10 mg

Target-Mins Calcium-Magnesium Complex Tablets, 180 ct Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct

Omega-3 Fish Oils 1000mg 100ct Super Potency Biotin 5mg 120ct Papaya Chewable 25mg 200ct

Target-Mins Magnesium Capsules, 60 ct

Biotin 1000mcg 100ct CoQ10 100mg 60 capsules CoQ10 100mg - 30 capsules

Acetyl L-Carnitine 500mg Capsules, 60 ct Target-Mins Magnesium Capsules, 120 ct

#### Country Life (Cont'd)

Charcoal Capsules 100 ct

#### Iron Tek

Essential CLA 1000mg 90ct

Essential Liquid Carnitine 1000 Vanilla 16oz Liquid

Essential Glutamine 500g Powder

#### MegaFood

Ultra C 400 Magnesium

#### Megafood

Balanced B Complex MegaFlora Plus

Zinc

Kids One Daily MegaFlora

Vitamin D 1000 IU

#### Natren. Inc.

Healthy Trinity Healthy Trinity

## **Rainbow Light**

Men'S One Multivitamin 30 Women'S One Multivitamin 90

Counter Attack 30

Active Senior Multivitamin 90
Vitamin D 1,000 Iu Gummies 50
Vitamin D 400 Iu Gummies 60
Men'S One Multivitamin 90
Prenatal Petite Multivitamin 90
Nutristart Multivitamin Powder 30
Active Health Teen Multivitamin 90

Prenatal One Multivitamin 30 Women'S One Multivitamin 30 Kid'S One Multistars 30

Kid'S One Multistars 90
Prenatal One Multivitamin 150

#### **Spectrum Essentials**

Chia Seed

Ground Chia Seed Omega 3 w/ Fiber

## **Nuts/Seeds/Dried Fruits**

## **Bob's Red Mill**

Organic Raw Whole Flaxseed

Hulled Hemp Seeds

Flaxseed

Organic Golden Flaxseed

## Made In Nature

Orgainic Pineapple Bits

Cranberries

#### **Spectrum Essentials**

Chia Seed

Ground Chia Seed Omega 3 w/ Fiber

# Ointments/Salves/Gels/Antiseptics

#### **Badger**

Organic Smoothing Shea Butter Cuticle Care

**Pasta** 

**Ancient Harvest** 

Organic Quinoa Flakes 12 oz

**Bionaturae** 

Gluten Free Spaghetti

**DeBoles** 

Gluten Free Rice Lasagna

Gluten Free Multi Grain Spaghetti

Gefen

Gluten Free Thin Noodles Gluten Free Wide Noodles

Lundberg Family Farms

Organic Brown Rice Pasta, Spaghetti Organic Brown Rice Pasta, Penne

**RP's Pasta Fresh Pasta** 

Gluten Free Lasagna Sheets

Pasta Sauce

**Cucina Antica** 

Tomato Basil Pasta Sauce

**Yellow Barn** 

**Tomato Basil Sauce** Puttanesca Sauce Arrabbiata Sauce

**Personal Care** 

Derma E

Very Clear Moisturizer

Vitamin E Severely Dry Skin Creme

Psorzema Creme

Scar Gel

**Prepared Foods** 

**Amy's Kitchen** 

Teriyaki Bowl

Indian Aloo Mattar Wrap

Mushroom Risotto Bowl

Gluten Free, Dairy Free Baked Ziti Bowl

**Curried Lentil Soup** 

Thai Green Curry

Low Sodium Indian Mattar Paneer

Lentil Soup

Tofu Scramble Breakfast Wrap

Light & Lean Soft Taco Fiesta Bowl

Black Bean Vegetable Enchilada

Indian Mattar Tofu

Vegetable Lasagna

Light & Lean Black Bean & Cheese Enchilada

Tortilla Casserole & Black Beans Bowl

Indian Vegetable Korma

Spicy Chili

Tuscan Bean & Rice Soup

Enchilada Verde Whole Meal

Cheese Tamale Verde

Sonoma Veggie Burger

Amy's Kitchen (Cont'd)

Black Bean Enchilada Whole Meal

Tofu Scramble

Cheese Enchilada Whole Meal

Whole Meal Veggie Loaf Light Sodium

Vegetarian Baked Beans

Low Sodium Chunky Tomato Bisque

Low Sodium Spicy Chili

Indian Palak Paneer

Rice Crust Cheese Pizza

Garden Vegetable Lasagna

Brown Rice, Black-Eyed Peas & Veggies Bowl

Light & Lean Roasted Polenta with Swiss Chard

Low Sodium Black Bean Vegetable Enchilada

Rice Crust Spinach Pizza

Cream of Tomato Soup

Black Bean Vegetable Soup

Low Sodium Split Pea Soup

Indian Mattar Paneer

Brown Rice & Vegetables Bowl

Chunky Tomato Bisque

Hearty Spanish Rice & Red Bean Soup

Low Sodium Cream of Tomato Soup

Mushroom Bisque With Porcini

Roasted Vegetable Tamale

Medium Chili with Vegetables

Summer Corn & Vegetable Soup

Low Sodium Medium Chili

Indian Golden Lentil Soup

Sauces/Salsas/Dips

King's Cupboard

Cream Caramel Sauce

Organicville

Organic Tangy BBQ Sauce

**Premier Japan** 

Organic Wheat-Free Hoisin Sauce

**Road's End Organics** 

Organic Golden Gravy Mix

Organic Savory Herb Gravy Mix

Saffron Road

Lemongrass Basil Simmer Sauce

San -J International

Szechuan Sauce

Sky Valley

Enchilada Sauce

Organic Thai Peanut Sauce

Mole Sauce

Yellow Barn

Puttanesca Sauce

Arrabbiata Sauce

**Tomato Basil Sauce** 

Soups

**Amy's Kitchen** 

#### Amy's Kitchen (Cont'd)

Black Bean Vegetable Soup

Low Sodium Cream of Tomato Soup

Lentil Soup

**Curried Lentil Soup** 

Summer Corn & Vegetable Soup

Chunky Tomato Bisque

Indian Golden Lentil Soup

Cream of Tomato Soup

Organic Vegan Chunky Tomato Bisque

Hearty Spanish Rice & Red Bean Soup

Tuscan Bean & Rice Soup

Organic Split Pea Soup

Low Sodium Split Pea Soup

Low Sodium Chunky Tomato Bisque

#### Dr. McDougalls

split Pea Barley Soup Cup

Pad Thai Noodle Soup Cup

## Dr. McDougals

Split Pea Soup Cup Low Salt

#### **Edward & Sons**

Miso-Cup, Savory Seaweed

Miso-Cup, Original Golden Vegetable

#### **Frontier Soups**

Hmde. Min. Virginia Blue Ridge Broccoli Cheddar Soup

Hearty Meal Michigan Ski Country Chili

Hearty Meal Ohio Valley Vegetable Soup

Hmde. Min. Connecticut Cottage Chicken Noodle Soup

#### **Gluten Free Cafe**

Vegetable Noodle

Chicken Noodle

Cream of Mushroom

#### **Imagine**

Low Sodium Kosher Chicken Broth

Organic Light in Sodium Creamy Garden Tomato Soup

#### **Imagine Foods**

Organic Creamy Tomato Soup

Organic Creamy Butternut Squash Soup

## **Nona Lim**

Zucchini Soup

Thai Green Curry Soup

#### **Star Anise Foods**

Happy Pho-Zesty Ginger

Happy Pho-Garlic Goodness

Happy Pho-Shiitake Mushroom

## Specialty Foods

#### WFM Gluten Free Bakehouse

Stuffing Cubes

## **Spices and Seasonings**

## **Bob's Red Mill**

Hemp Protein Powder

#### **Edward & Sons**

Bouillon Cubes, Not-Beef

#### Edward & Sons (Cont'd)

Bouillon Cubes, Not-Chick'n

Bouillon Cubes, Low Sodium Veggie

Bouillon Cubes, Garden Veggie

#### lan's Natural Foods

Gluten Free Original Panko Breadcrumbs

#### Organicville

Organic Saikyo Sweet Miso

#### **Pamela's Products**

Gluten and Wheat Free Chocolate Chunk Cookie Mix

#### Saffron Road

Lemongrass Basil Simmer Sauce

#### The Ginger People

Organic Minced Ginger

Organic Pickled Sushi Ginger