

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Winter Park Store, Florida Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baked Goods

#### Flax 4 Life

- Wild Blueberry Flax Muffins
- Mini Brownie Bites
- Chunky Chocolate Muffin
- Carrot Raisin Flax Muffins

#### Katz Gluten Free

- White Bread

#### Tate's Bake Shop

- Double Chocolate Chip Cookies

#### WFM Gluten Free Bakehouse

- Vanilla Confetti Cake
- Prairie Bread
- Vanilla Cupcakes

#### WFM Gluter Free Bakehouse

- Chocolate Confetti Cake

### Baking Needs

#### Bob's Red Mill

- Organic Coconut Flour
- Bread Mix GF
- Gluten Free Hearty Whole Grain Bread
- Steel Cut Gluten Free Oats
- AP Baking Flour GF
- Brown Rice Flour
- Xanthan Gum
- Guar Gum
- Organic Brown Rice Farina
- Almond Meal Flour
- Sweet White Sorghum Flour
- Rolled Gluten Free Oats
- Corn Starch
- Natural Hazelnut Flour/M meal
- Quick Cooking Oats

#### Bob's Red Mill (Cont'd)

- Finely Ground Almond Meal
- Organic T.S.P.

#### EatPastry

- Gluten Free Chocolate Chunk Cookie Dough

#### Edward & Sons

- GF Vegan Cornstarch

#### Ener-G Foods

- Egg Replacer
- Tapioca Flour

#### Gluten Free Pantry

- Brown Rice Pancake and Waffle Mix

#### Let's Do... Organic

- Confetti Sprinkelz
- Organic Coconut Flakes
- Organic Shredded Coconut
- Organic Reduced Fat Shredded Coconut

#### Pamela's Products

- Artisan Blend Flour
- Classic Vanilla Cake Mix
- Baking & Pancake Mix, 4 lb
- Baking & Pancake Mix
- Dark Chocolate Frosting Mix
- Chocolate Brownie Mix

#### Spectrum Naturals

- Organic Vegetable Shortening

### Beverages

#### KeVita

- Organic Daily Cleanse Lemon Cayenne Probiotic Drink
- Pineapple Peach master Brew Kombucha
- Organic Daily Cleanse Hibiscus Berry Probiotic Drink
- Organic Lemon Ginger Probiotic Drink
- Grapefruit Master Brew Kombucha

**KeVita (Cont'd)**

Ginger Master Brew Kombucha  
Tart Cherry Master Brew Kombucha  
Sparkling Probiotic Drink Strawberry Acai Coconut  
Organic Mojita Lime Mint Coconut Probiotic Drink

**Republic of Tea**

Earl Greyer Tea 50 CT  
Organic Biodynamic Darjeeling Tea 36CT  
Ginger U Matcha

**So Delicious Dairy Free**

Organic Original Coconut Milk Beverage  
Organic Vanilla Coconut Milk Beverage  
Organic Unsweetened Coconut Milk Beverage

**The Ginger People**

Ginger EnerGizer  
Ginger Soother

**Bread****Canyon Bakehouse**

Mountain White Bread

**Food for Life**

Gluten Free, Yeast Free Multi Seed Rice Bread

**Glutino**

English Muffins

**Rudi's Gluten-Free Bakery**

Gluten-Free Multigrain Sandwich Bread  
Gluten-Free Original Sandwich Bread

**Udi's Gluten Free Foods**

Classic Hot Dog Buns  
Classic Hamburger Buns  
Millet-Chia Bread  
Plain Bagels  
Whole Grain Bread  
White Sandwich Bread  
Omega-Salba Bread  
Plain Tortillas - Large

**WFM Gluten Free Bakehouse**

Hamburger Buns  
Prairie Bread

**Breakfast Foods****Gluten Free Pantry**

Brown Rice Pancake and Waffle Mix

**Glutenfreeda**

Cranberry Cinnamon w/ Flax Instant Oatmeal 6 Pck  
Maple Raisin w/flax Instant Oatmeal

**Candy and Chocolate****Amy's Kitchen**

Crispy Candy Bar  
Dreamy Candy Bar  
Crunchy Candy Bar

**Endangered Species**

Dark Chocolate Hazelnut Toffee Bar

**Endangered Species Chocolate**

Dark Chocolate With Blueberries (Sea Turtle)

**Endangered Species Chocolate (Cont'd)**

Dark Chocolate With Forest Mint (Rainforest)  
Dark Chocolate With 88% Cocoa (Black Panther)  
Dark Chocolate (Chimpanzee)  
Dark Chocolate With Raspberries (Grizzly)

**Enjoy Life**

Boom Choco Boom Dark Chocolate Bar  
Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

**Glee**

Cinnamon Gum  
Tangerine Gum  
Wheving Triple Berry Gum

**Justin's**

Milk Chocolate Peanut Butter Cups  
Dark Chocolate Peanut Butter Cups

**Let's Do... Organic**

Confetti Sprinkelz

**NuGo**

Spicy Dark Chocolate With Chili Peppers

**Ocho Candy**

Mocha Bar

**Organic Nectars**

54% Cacao Chocolate Bar  
Nut milk chocolate Chocolate Bar  
70% Cacao Chocolate Bar

**Surf Sweets**

Fruity Bears  
Sour Worms  
Gummy Worms  
Gummy Bears

**Taza Chocolates**

Organic Chocolate Disc Cacao Puro  
Tazitos Coconut Crunch Chocolate Bar  
Organic Amaze Coco Besos  
Mexican Coffee Chocolate Bar  
Organic Chocolate Disc Guajillo 50%  
Organic Stone Ground Dominican Republic 60%

**The Ginger People**

Gin Gins Boost Travel Pack

**TruJoy Sweets**

Organic Choco Chews

**YumEarth**

Organic Assorted Lollipops 15ct

**Canned Goods****Jovial**

Diced Tomatoes  
Whole peeled Tomatoes

**Native Forest**

Organic Papaya Chunks  
Organic Hearts of Palm

**Canned/Jarred Goods**

**Amy's Kitchen**

Vegetarian Baked Beans  
Low Sodium Spicy Chili  
Black Bean Chili  
Medium Chili  
Medium Chili with Vegetables  
Thai Coconut Soup (Tom Kha Phak)  
Low Sodium Medium Chili  
Spicy Chili

**Bionaturae**

Organic Strained Tomatoes

**Dr. McDougall's**

Organic Tortilla Style Soup

**Cereal****Arrowhead Mills**

Organic Rice & Shine Hot Cereal

**Bob's Red Mill**

Rolled Gluten Free Oats  
Steel Cut Gluten Free Oats  
Quick Cooking Oats  
Organic Brown Rice Farina

**Deland Bakery**

GF CHOCOLATE ALMOND GRANOLA

**Dr. McDougalls**

Organic Maple Oatmeal Cereal Cup

**EnviroKidz**

Organic Koala Crisp Cereal  
Gorilla Munch Organic Cereal, 23 oz

**Envirokidz**

Organic Gorilla Munch Cereal  
Organic Leapin Lemurs Peanut Butter & Chocolate Cereal  
Organic Peanut Butter Panda Puff Cereal

**Erewhon**

Supergrains Buckwheat & Hemp  
Rice Twice

**Glutenfreeda**

Cranberry Cinnamon w/ Flax Instant Oatmeal 6 Pck  
Maple Raisin w/flax Instant Oatmeal

**Nature's Path**

Organic Honey'D Corn Flakes Cereal  
Organic Whole O's Cereal Gluten-Free  
Organic Whole Grain Brown Crispy Rice Gluten-Free Cereal  
Organic Corn Flakes Fruit Juice Sweetened Cereal  
Organic Mesa Sunrise Cereal  
Organic Honey'D Corn Flakes Cereal  
Organic Mesa Sunrise Cereal

**Cheese****Follow Your Heart**

Vegan Gourmet Cheddar

**Galaxy Nutritional Foods**

Wholesome Valley American Flavor Slice

**Chips/Pretzels/Snacks****Alive & Radiant**

Organic Spict Superfood Kale Crunch

**Alive & Radiant Foods**

Kale Krunch "Quite Cheezy"  
Kale Krunch "Southwest Ranch"

**Blue Diamond**

Smokehouse Nut Thins  
Almond Nut Thins

**Eat Your Vegetables**

Sea Salt Veggie Chips

**Eda-Zen Cruncha Ma-Me**

Lightly Seasoned Edamame  
Sea Salt & Black Pepper Edamame  
Naked Edamame

**Edward & Sons**

Spring Onion Jasmine Rice Toasts

**Garden of Eatin'**

Mini Yellow Rounds All Natural Bite-Size Tortilla Chips  
Sweet Potato Corn Tortilla Chips  
Blue Tortilla Chips  
Red Hot Blues Spicy All Natural Tortilla Chips  
Red Hot Blues Spicy All Natural Tortilla Chips  
Chile And Lime All Natural Cantina Chips  
Sweet Potato Corn Tortilla Chips  
Sesame Blues All Natural Tortilla Chips With Sesame Seeds  
Tortilla Chips Blue Chips  
Yellow Chips All Natural Tortilla Chips  
Blue Chips - No Salt Added All Natural Tortilla Chips

**Glutino**

Table Crackers  
Pretzel Sticks, Family Bag  
Yogurt Covered Pretzels  
Family Bag Pretzels

**Green Mountain Gringo**

Tortilla Strips

**Kettle Foods**

Classic Barbeque Krinkle Cut  
Backyard Barbeque Potato Chips

**Late July**

Mild Green Mojo Chips  
Bacon Habanero Tortilla Chips  
Organic Red Hot Mojo Tortilla Chips  
Summertime Blues Tortilla Chips  
Sweet Potato Multigrain Snack Chips  
Dude Ranch Multigrain Snack Chips  
Multigrain Sea Salt Snack Chips  
Nacho Chipotle Tortilla Chips  
Jalepeno Lime Tortilla Chips

**Lundberg Family Farms**

Organic Santa Fe Barbecue Rice Chips  
Organic Cinnamon Toast Rice Cakes  
Pico de Gallo Rice Chips

**Pirate Brands**

Aged White Cheddar Pirate's Booty

**Primal Strips Vegan Jerky**

Gluten Free Texas BBQ Soya

**Shearer's**

Rice Chips Honey Dijon

**Skinny Pop**

Black Pepper Popcorn

**Terra Chips**

Sweet Potato and Beet Chips

**Way Better**

Sweet Potato Sprouted Tortilla Chips

**Way Better Snacks**

Simply Sweet Potato Tortilla Chips

Simply Sunny Multi Grain Tortilla Chips

Simply Beyond Black Bean Tortilla Chips

**Coffee and Tea****Bob's Red Mill**

Corn Starch

Bread Mix GF

**Celestial Seasonings**

Red Zinger

Cranberry Apple Zinger

Candy Cane Lane

Moroccan Pomegranate Rooibos

**Republic of Tea**

Earl Greyer Tea 50 CT

Ginger U Matcha

Organic Biodynamic Darjeeling Tea 36CT

**Third Street Chai**

Half n Half Green Tea

Lemongrass Green Tea

Organic green mint and honey tea

Organic slightly sweet black tea

**Condiments****Earth Balance**

Organic Coconut Spread

Mindful Mayo with Extra Virgin Olive Oil

**Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Vegenaise Soy Free Dressing GF

High Omega Vegan Ranch Dressing

Vegan Honey Mustard Dressing

Grapeseed Oil Vegannaise

Organic Vegenaise

Soy-Free Vegenaise

Original Vegenaise

Organic Vegan Caesar Dressing

**Lundberg Family Farms**

Organic Santa Fe Barbecue Rice Chips

**Organicville**

Original BBQ Sauce

**Organicville****Organicville (Cont'd)**

Organic Stone Ground Mustard

**San J International**

Lite Tamari

**San-J**

Organic Gluten Free Reduced Sodium Tamari Soy Sauce

Organic Gluten Free Reduced Sodium Tamari Soy Sauce

**Sky Valley**

Sriracha Sauce

Taco Sauce

**Spectrum**

Soy Mayonnaise Squeeze Bottle

**The Ginger People**

Ginger EnerGizer

Ginger Soother

**Cookies and Snack Bars****365 Everyday Value®**

Gluten-Free Mint Chocolate Chip Thin & Crispy Cookies

Gluten-Free White Chocolate Chip Cranberry Oatmeal Thin & Crispy Cookies

**Andean Dream**

Coconut Cookies

**CORE Foods**

Almond Raison Warrior Bar

Cashew Cacao Warrior Bar

**EPIC Bar**

Bacon Bar

Cranberry Almond Turkey Bar

**Enjoy Life**

Gluten Free Very Berry Snack Bar

Crunchy Vanilla Honey Graham Cookies

Crunchy Sugar Crisp Cookies

Chocolate Chip Cookies

**Enjoy Life Foods**

Soft Baked Double Chocolate Brownie Cookies

**Envirokidz**

Organic Crispy Rice Chocolate Bar

Organic Crispy Rice Peanut Choco Drizzle Bar

**Ginny Bakes**

Organic Chocolate Chip Love Cookies GF

Organic Chocolate Chip Macadamia Love Cookies GF

**Glutino**

Chocolate Coated Chocolate Wafers

Chocolate Chip Dream Cookies

Chocolate Coated Vanilla Wafers

Blueberry Breakfast Bars

Chocolate Vanilla Crème Sandwich Dream Cookies

**Go Raw**

Spirulina Energy Bar

Real Live Flax Bar

Real Live Chocolate Mint

Banana Bread Flax Bar

Real Live Chocolate Original

**Go Raw (Cont'd)**

Live Granola Bar

**GoMacro, Inc**

Macrobar Cashew Butter

Macrobar Cherries N' Berries

Macrobar Granola W/ Coconut

**Hail Merry**

Blonde Macaroons

**KIND**

Caramel Macchiato 5 ct

Peanut Butter Berry 5 ct

Honey Roasted Nuts & Sea Salt

**KIND Fruit & Nut**

Peanut Butter & Strawberry

Fruit & Nut Delight

**KIND Plus**

Blueberry Pecan + Fiber

Almond Walnut Macadamia + Protein

Dark Chocolate Cherry Cashew + Antioxidants

Cranberry Almond + Antioxidants

Almond Cashew + Omega-3

**Kinnikinnick**

S'moreables Graham Style Crackers

KinniKritters Animal Cookies

**NuGo**

Spicy Dark Chocolate With Chili Peppers

**NuGo Dark**

Peanut Butter Cup Bar

Chocolate Mocha Bar

**NuGo Free**

Dark Chocolate Trail Mix Bar

**Pamela's Products**

Butter Shortbread Cookies

**Perfect Bar & Co**

Organic Fruit and Nut Bar

Organic Carob Chip Bar

Organic Peanut Butter Bar

Organiv Vegan Coconut Almond Bar

**Rise**

Organic Gluten Free Blueberry Coconut Bar

**Rise Bar**

Almond Protein Plus

Crunchy Carob Chip

**That's It**

Apple and Pear Fruit Bar

**ThinkThin**

Lean Protein Fiber Honey Drizzle Peanut Bar

Lean Protein Fiber Cinna Bun White Chocolate Bar

**Udi's Gluten Free Foods**

Oatmeal Raisin Cookies

**Cosmetics****Gabriel Cosmetics Inc.**

Lipstick - Matte Spice

**Gabriel Cosmetics Inc. (Cont'd)**

Lipstick - Clay

Lipstick - Aurora

Lipliner - Chestnut

Lip Gloss Treatment - Passion Fruit

Lipstick - Maple Shimmer

Lipliner - Spice

Lip Gloss Treatment - Venus

Lipstick - Nude

Lipstick - Velour

Lip Gloss Treatment - Mocha Ice

Lipstick - Seashell

Lipstick - Walnut

Lipstick - Sheer Pink

Lip Gloss Treatment - Ambrosia

Lipstick - Dune

Lipstick - Santa Fe

Lipstick - Copper Glaze

Lipstick - Wild Orchid

Lipstick - Taupe

Lipliner - Berry

Lipliner - wine

Lip Gloss Treatment - Diva

Lipstick - Rosewood

Lipstick - Pomegranate

**Gabriel Cosmetics, Inc.**

Concealer - Medium

**Gabriel Makeup**

Dual Powder Foundation-Tan Beige

Eye Shadow-aubergine

Dual Powder Foundation-Deep Beige

Blush - Apricot

Dual Powder Foundation-Extra Light Beige

Eye Shadow-chocolate brown

**Mineral Fusion**

Lip Gloss - Dazzle

Hydration Mist

Eye Shadow - PRISM

Eye Shadow - RARE

Eye Pencil Touch

Lip Stick Alluring

Eye Shadow - FLASH

Eye Shadow Trio - DIVERSITY

Lipstick - Exotic

Lip Stick - Burst

Sheer Tint Foundation Neutral

Concealer Duo - Deep

Liquid Lip Gloss - Reflect

Radiance Illuminating Powder

Pressed Powder Foundation - COOL 1

Eye Shadow Trio - DENSITY

Face Primer

Lipstick - Intensity

**Mineral Fusion (Cont'd)**

Liquid Lip Gloss - Heat  
Pressed Powder Foundation - DEEP 1  
Pressed Powder Foundation - OLIVE 1  
Bronzer - Sparkle  
Lip Gloss - Captivate  
Brush Cleaner  
Lip Gloss - Clarity  
Liquid Lip Gloss - Enlighten  
Eye Pencil - Azure

**ZuZu Luxe**

Concealer C-40  
Concealer C-30  
Concealer C-20

**Zuzu Luxe**

Lipstick - Ultra Violet  
Lip Gloss Treatment - Tempest  
Lip Gloss Treatment - Crystal  
Lip Gloss Treatment - Liquid Bliss  
Lip Gloss Treatment - Bronzite  
Lip Gloss Treatment - Mania  
Blush-Fascination  
Lip Gloss Treatment - Dolce Vita  
Lipstick - Indulgence  
Lipstick - Vino de Amor  
Lipstick - Galaxy  
Eyeshadow-casino  
Concealer - C-7  
Lipstick - Truth or Dare  
Lipstick - Temptress  
Mascara - Navy  
Blush-Sunset  
Blush-Belladonna  
Lipstick - Ultra Suede  
Mascara - Clear  
Eyeshadow-vixen  
Lipstick - Obsession  
Lipstick - Chocolate Cherry  
Eyeshadow-angel  
Lipstick - Sin  
Lipstick - Beso Beso  
Lip Gloss Treatment - Caliente  
Eyeshadow-absinthe  
Lipstick - Dollhouse Pink  
Eyeshadow-egyptian gold  
Lipstick - Sazerac  
Concealer - C-10  
Lipstick - Siren  
Lip Gloss Treatment - Mischief  
Dual Powder Foundation - d-32  
Eyeshadow-skylar

**Crackers****Back to Nature****Back to Nature (Cont'd)**

Multiseed Rice Crackers  
Black Bean and Fiesta Lime Rice Crackers  
Sesame Rice Crackers  
White Cheddar Rice Crackers

**Blue Diamond**

Almond Nut Thins

**Crunchmaster**

Roasted Garlic Multiseed Crackers  
Original Multi-Seed Crackers  
Multi Grain Sea Salt Crackers

**Edward & Sons**

Spring Onion Jasmine Rice Toasts

**Glutino**

Multigrain Crackers

**Lundberg Family Farms**

Organic Cinnamon Toast Rice Cakes

**Mary's Gone Crackers**

Herb Crackers  
Onion Crackers  
Original Crackers  
Black Pepper Crackers

**Schär**

Crispbread  
Cheese Bites

**Dairy****365 Everyday Value®**

Organic Plain Whole Milk Yogurt  
Organic Vanilla Fat Free Yogurt  
Organic Blueberry Fat Free Yogurt  
Organic Strawberry Fat Free Yogurt  
Organic Plain Fat Free Yogurt  
Organic Pumpkin Spice Lowfat Yogurt  
Organic Raspberry Fat Free Yogurt  
Organic Vanilla Low Fat Yogurt

**Brown Cow Yogurt**

Cream Top Coffee  
Cream Top Maple  
Cream Top Strawberry Fruit on the bottom

**Earth Balance**

Soy Free Buttery Spread  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Buttery Spread with Olive Oil  
Original Buttery Spread

**FAGE Total**

Yogurt Total 0 Pct  
Yogurt Total Greek 2 Pct  
Yogurt Total 2 Pct  
Yogurt Total Greek 0 Pct w Cherry  
Yogurt Greek NonFat Peach  
Yogurt Total Greek 0 Pct w Blueberry  
Yogurt Total Greek 2 Pct Plain

**FAGE Total (Cont'd)**

Yogurt Total Greek 0 Pct Fat  
 Yogurt Total Greek Plain  
 Yogurt Total Greek 0 Pct  
 Yogurt Total Greek 0 Pct w Strawberry  
 Yogurt Total Greek 2 Pct ReducedFat w Honey  
 Yogurt Total Greek 0 Pct w Raspberry  
 Yogurt Total Greek Plain

**Lifeway Foods**

Goo Berry Pie Probugs  
 Organic Whole Milk Plain Kefir  
 Lowfat Raspberry Kefir  
 Black Cherry Bio Kefir  
 Pomegranate Blueberry Bio Kefir  
 Lowfat Blueberry Kefir  
 Lowfat Strawberry Kefir  
 Organic Lowfat Plain Kefir  
 Lowfat Plain Kefir  
 Fat Free Plain Kefir  
 Lowfat Peach Kefir  
 Strawnana Split Probugs

**Noosa**

Tart Cherry Yoghurt

**Noosa Yoghurt**

Noosa Yoghurt - Strawberry & Rhubarb 8 oz.

**Stonyfield**

Pacific Coast Strawberry Yogurt  
 Organic Fat Free Chocolate Greek Yogurt  
 YoKids Low Fat 4 Blueberry/4 Lemon 8 pack Squeezers

**Stonyfield Farm**

Vanilla YoBaby Yogurt 6 Pck  
 Organic Strawberry Banana YoToddler Yogurt 6 Pck  
 Banana Mango YoBaby Yogurt 6 Pck  
 Organic Plain YoBaby Yogurt 6 Pck  
 Blueberry Apple YoBaby Yogurt 6 Pck  
 Peach Pear YoBaby Yogurt 6 Pck

**Stonyfield Organic Yogurt**

Oikos: 0% Fat Blueberry Fruit on the bottom  
 0% Fat Plain  
 YoKids: Strawberry Banana  
 0% Fat French Vanilla  
 Whole Milk French Vanilla  
 Low Fat Plain  
 0% Fat Blueberry Fruit on the bottom  
 Low Fat French Vanilla  
 0% Fat Peach  
 Low Fat French Vanilla  
 Whole Milk Plain  
 Oikos: 0% Fat Plain  
 0% Fat Strawberry  
 Oikos: 0% Fat Strawberry Fruit on the bottom  
 0% Fat Strawberry Fruit on the bottom  
 Low Fat Raspberry

**Wallaby Organic**

Greek Lowfat Yogurt with Cherries  
 Creamy Australian Style Lowfat Vanilla Yogurt  
 Greek Nonfat Yogurt with Raspberries  
 Creamy Australian Style Lowfat Banana Vanilla Yogurt  
 Lowfat Blueberry Kefir  
 Greek Lowfat Yogurt with Strawberries  
 Lowfat Vanilla Kefir  
 Lowfat Strawberry Kefir  
 Greek Lowfat Yogurt with Blueberries  
 European-Style Sour Cream  
 Greek Nonfat Plain Yogurt  
 Greek Nonfat Yogurt with Peaches  
 Creamy Australian Style Lowfat Blueberry Yogurt  
 Greek Nonfat Yogurt with Mixed Berries  
 Greek Lowfat Plain Yogurt

**truwhip**

whipped topping

**Dairy Alternatives****Blue Diamond**

Almond Breeze Original  
 Almond Breeze Vanilla  
 Almond Breeze Chocolate

**Dream Blends**

Rice and Quinoa Drink

**Earth Balance**

Organic Coconut Spread

**Ener-G Foods**

Egg Replacer

**Follow Your Heart**

Vegan Gourmet Cheddar

**Galaxy Nutritional Foods**

Wholesome Valley American Flavor Slice

**Good Karma Foods**

Unsweetened Flax Milk

**Native Forest Distributed by Edward & Sons**

Unsweetened Organic Coconut Milk Light

**Rice Dream**

Enriched Chocolate Rice Drink

**So Delicious**

Hazelnut Coconut Milk Coffee Creamer  
 Vanilla Bean Coconut Milk Dessert

**So Delicious Dairy Free**

Organic Vanilla Coconut Milk Beverage  
 Organic Unsweetened Coconut Milk Beverage  
 Original Coconut Milk Creamer  
 French Vanilla Coconut Milk Creamer  
 Organic Original Coconut Milk Beverage  
 Chocolate Coconut Milk

**Soy Dream**

Organic Vanilla Soymilk

**Spectrum Naturals**

Organic Vegetable Shortening

**Stonyfield Organic Yogurt**

Vanilla O'Soy  
Raspberry O'Soy  
Strawberry O'Soy  
Blueberry O'Soy

**Desserts****Hail Merry**

Coconut Vanilla Creme Miracle Tart  
Chocolate Raw Almond Butter Miracle Tart  
Chocolate Miracle Tart  
Chocolate Mint Miracle Tart

**Halo Top Creamery**

Light Chocolate Ice Cream  
Light Vanilla Bean Ice Cream  
Light Lemon Cake Ice Cream  
Light Strawberry Ice Cream

**So Delicious**

Vanilla Bean Coconut Milk Dessert

**WFM Gluten Free Bakehouse**

Vanilla Cupcakes

**Energy and Nutrition Bars/Drinks****GoMacro**

Organic Morning Harvest Macrobar

**GoMacro, Inc**

Macrobar Cashew Butter  
Macrobar Granola W/ Coconut  
Macrobar Cherries N' Berries

**KIND**

Blueberry Pecan Fiber 12 ct bars  
Maple Glazed Pecan and Sea Salt Bar

**KeVita**

Organic Mojita Lime Mint Coconut Probiotic Drink  
Organic Daily Cleanse Lemon Cayenne Probiotic Drink  
Pineapple Peach master Brew Kombucha  
Grapefruit Master Brew Kombucha  
Sparkling Probiotic Drink Strawberry Acai Coconut  
Ginger Master Brew Kombucha  
Tart Cherry Master Brew Kombucha  
Organic Lemon Ginger Probiotic Drink  
Organic Tumeric Ginger Tonic  
Organic Daily Cleanse Hibiscus Berry Probiotic Drink

**NuGo Stronger**

Caramel Pretzel Protein Bar  
Real Dark Chocolate Bar  
Peanut Cluster Protein Bar

**Rise**

Organic Gluten Free Blueberry Coconut Bar

**Rise Bar**

Almond Protein Plus

**Think Thin**

Dark Chocolate Bar  
High Protein White Chocolate Chip Bar  
Cookies and Cream Bar

**Think Thin (Cont'd)**

High Protein Chocolate Fudge Bar  
High Protein Brownie Crunch Bar  
Caramel Fudge Bar

**thinkThin**

nutrition bar  
nutrition bar  
nutrition bar

**Entrees and Mixes****Amy's Kitchen**

Three Cheese Kale Bake Bowl, 12pk

**Bob's Red Mill**

Organic T.S.P.

**Lundberg Family Farms**

Organic Risotto Florentine  
Garlic Primavera Risotto  
Organic Risotto Alfredo

**Pamela's Products**

Dark Chocolate Frosting Mix

**Road's End Organics**

Organic Savory Herb Gravy Mix

**TastyBite**

Punjab Eggplant

**Ethnic Foods****Saffron Road**

Lemongrass Basil Simmer Sauce

**TastyBite**

Punjab Eggplant

**Facial Care Products****365 Everyday Value®**

Moisturizing Lotion FOR ALL SKIN TYPES  
Gentle Skin Cleanser - For All Skin Types

**Derma E**

Deep Wrinkle Reverse Moisturizer with Peptides Plus  
Microdermabrasion Scrub  
Hydrating Serum with Hyaluronic Acid  
Firming Moisturizer with DMAE, Alpha Lipoic and C-Ester  
Hydrating Mask with Hyaluronic Acid  
Refining Vitamin A and Glycolic Scrub  
Firming Serum with DMAE, Alpha Lipoic and C-Ester  
Hydrating Mist with Hyaluronic Acid  
Very Clear Scrub Anti-Blemish Complex  
Hydrating Cleanser with Hyaluronic Acid  
Hydrating Eye Creme with Hyaluronic Acid and Pycnogenol  
Refining Vitamin A and Glycolic Toner

**Frozen Foods****365 Everyday Value®**

Breaded Chicken Nuggets Gluten Free

**Amy's Kitchen**

Black Bean Chili  
Whole Meal Veggie Loaf  
Thai Green Curry



### **Amy's Kitchen (Cont'd)**

Vegan Cheeze & Black Bean Enchilada  
Black Bean Tamale Verde  
Single Serve Non-Dairy Rice Crust Cheeze Pizza  
Low Sodium Brown Rice & Vegetables Bowl  
Black Bean Vegetable Enchilada  
Light & Lean Indian Paneer Mattar  
Chinese Noodles and Veggies in Cashew Cream Sauce  
Thai Red Curry  
Asian Noodle Stir-Fry  
Black Bean Enchilada Whole Meal  
Garden Vegetable Lasagna  
Bistro Veggie Burger  
Gluten Free, Dairy Free Baked Ziti Bowl  
Bean & Rice Burrito  
Indian Mattar Tofu  
Cheese Enchilada Whole Meal  
Enchilada Verde Whole Meal  
Sonoma Veggie Burger  
Indian Vegetable Korma  
Sandwich Rounds  
Mexican Casserole Bowl  
Brown Rice, Black-Eyed Peas & Veggies Bowl

### **Applegate Farms**

Gluten Free Chicken Tenders  
Gluten Free Chicken Nugget

### **Garden Lites**

Spinach Souffle

### **Glutino**

Uncured Pepperoni Pizza with Brown Rice Crust

### **Halo Top Creamery**

Light Chocolate Ice Cream  
Light Strawberry Ice Cream  
Light Lemon Cake Ice Cream  
Light Vanilla Bean Ice Cream

### **Ian's Natural Foods**

Chicken Nuggets, Allergen Free

### **Saffron Road**

Lemongrass Basil Simmer Sauce

### **Grains and Rice**

#### **Ancient Harvest**

Traditional Organic Quinoa 12 oz

#### **Enjoy Life**

Chocolate Chip Cookies

#### **Lotus Foods**

Organic Madagascar Pink Rice 15 oz.  
Bhutan Red Rice 15 oz.  
Organic Volcano Rice Blend 15 oz.

#### **Lundberg Family Farms**

Organic California Brown Jasmine Rice, 25 lb  
Organic Wild Rice  
Organic California Sushi Rice  
Organic Brown Rice Pasta, Spaghetti

### **Lundberg Family Farms (Cont'd)**

Organic Risotto Florentine  
Garlic Primavera Risotto  
Organic Risotto Alfredo  
Wehani

### **Lundberg Farms**

Long Grain White Rice

### **TastyBite**

Brown Rice  
Basmati Rice  
Jasmine Rice

### **Hand & Body Lotions**

#### **365 Everyday Value®**

Moisturizing Lotion FOR ALL SKIN TYPES

#### **Nourish Organic**

Nourish Organic Body Lotion Fresh Fig  
Nourish Organic Body Lotion Almond Vanilla

### **Hand & Body Washes**

#### **365 Everyday Value®**

Foaming Hand Soap Citrus Grapefruit  
Bubble Bath Uplifting Citrus  
Foaming Hand Soap Herbal Mint  
Foaming Hand Soap Fragrance Free  
Liquid Hand Soap Fragrance Free  
Bubble Bath Very Berry

#### **Wild Kratts**

Bubble Bath - Tropical Twist

### **Jams and Nut Butters**

#### **Earth Balance**

Coconut & Peanut Spread Crunchy  
Coconut & Peanut Spread Creamy  
Crunchy Peanut Butter  
Creamy Peanut Butter

#### **Justin's**

All-Natural Classic Peanut Butter (16oz jar)  
Maple Almond Butter 1.15 oz Squeeze Pack

### **Lip Balms**

#### **Badger**

Organic Sweet Orange Cocoa Butter Lip Balm

### **Meat Alternatives**

#### **Bob's Red Mill**

Organic T.S.P.

#### **Primal Strips Vegan Jerky**

Gluten Free Texas BBQ Soya

### **Meat and Poultry**

#### **Applegate Farms**

Gluten Free Chicken Nugget

#### **Pederson Natural Farms**

Uncured Smoked Sweet German Sausage  
Uncured No Sugar Added Bacon

### **Nutritional Supplements**

**Vitality**

BREATH FRESHER SPRAY

**Amazing Grass**

GSF Energy Bars

**BioChem**

Creatine Monohydrate 325mg Powder

**Country Life**

Maxi Hair 90ct

DHEA Complex For Men, 60 ct

Betaine Hydrochloride w/Pepsin 100ct

Acerola Vinamin C 500mg Chewable 180ct

Maxi Baby-dophilus Powder, 2 oz

Maxi-Sorb Vegetarian Support 120ct

L-Arginine 500mg Capsules with B-6, 100 ct

Thyro-Max Support, 60 ct

Aller-Max Capsules, 50 ct

Buffer C pH Controlled 500mg 60ct Capsule

Resveratrol Plus 120ct Capsule

Target-Mins Calcium-Magnesium Complex Tablets, 90 ct

Omega-3 Fish Oils 1000mg 100ct

Water Factors 60ct

Max-Amino Capsules with B-6, 90 ct

Buffer C pH Controlled 1000mg 120ct Tablet

DHEA 25mg Capsules, 30 ct

Vitamin C 1000mg w/Rose Hips 90ct

R-Lipoic Acid

Maxi-Sorb CoQ-10 Q-Gel 120 count

Omega-3 Mood 90ct Softgels

Bromelain 500mg 30ct

Bromelain 500mg 60ct

Chewable Multivitamin 60ct

Women's Daily Nutrition 60ct

L-Tyrosine 500mg Capsules with B-6, 100 ct

Buffered C 1000mg w/Rose Hips 100ct

**Iron Tek**

Essential Creatine Monohydrate 500g Powder

**MegaFood**

Complex C

Ultra C 400

**Megafood**

Womens One Daily

Men Over 40 One Daily

Mens One Daily

One Daily Iron Free

Women Over 40 One Daily

**Nature's Way Alive!**

Max Potency Multivitamin w/o Fe

Alive w/o Fe added Cap

Max Potency Multivitamin

Max Potency Multivitamin w/o Fe

Alive Womens

**Rainbow Light**

Pms Relief 30

**Rainbow Light (Cont'd)**

Counter Attack 90

Prenatal Petite Multivitamin 90

Gummy Omegalicious 30

Complete Nutritional System 180

Candida Cleanse 60

Rejuvenage 40+ Multi 120

Active Senior Multivitamin 30

Rejuvenage 40+ Multi 60

Allerstan Quick Response 30

Just Once Iron-Free Multivitamin 120

Just Once Multivitamin 60

Gummy Power Sours 30

Men'S One Multivitamin 90

**Vibrant Health**

Dumontiaceae Red Algae

Phyto-Boron

Cran-Max

Vibrant Cleanse 24 servings

**Vitality**

IMMUNO WELL Rx

**Nuts/Seeds/Dried Fruits****Dang**

Toasted Coconut Chip

Toasted Coconut Chip Caramel Sea Salt

**Made In Nature**

Prunes

**NuGo Free**

Dark Chocolate Trail Mix Bar

**Ointments/Salves/Gels/Antiseptics****Badger**

Anti Bug Balm

Organic Smoothing Shea Butter Cuticle Care

**Pasta****Ancient Harvest**

Quinoa Supergrain Pasta, Spaghetti 8 oz

Quinoa Supergrain Pasta, Elbows 8 oz

Quinoa Supergrain Pasta, Rotelle 8 oz

Quinoa Supergrain Pasta, Garden Pagodas 8 oz

Traditional Organic Quinoa 12 oz

**Andean Dream**

Quinoa Spaghetti

**Bionaturae**

Gluten Free Spaghetti

**DeBoles**

Gluten Free Rice Angel Hair

Gluten Free Rice Spaghetti

Gluten Free Rice Spirals

Gluten Free Rice Penne Rigate

**Deboles**

Corn Spaghetti

**Explore Cuisine**

Organic Edamame & Mung Bean Fettuccine

### **Explore Cuisine (Cont'd)**

Organic Black Bean Spaghetti

### **Lundberg Family Farms**

Organic Brown Rice Pasta, Spaghetti

### **Miracle Noodle**

Miracle Noodle Angel Hair

Miracle Rice

Miracle Noodle Fettuccini

### **Pasta Sauce**

#### **Monte Bene**

Low Fat Vodka

Spicy Marinara Pasta Sauce

#### **OrganicVille**

Organic Marinara Pasta Sauce

Organic Basil Tomato Pasta Sauce

### **Personal Care**

#### **Derma E**

Skin Lighten Natural Fade and Age Spot Creme

Skinbiotics Treatment Creme with Tea Tree and Oregano

### **Prepared Foods**

#### **Amy's Kitchen**

Medium Chili

Hearty Rustic Italian Vegetable Soup

Chunky Vegetable Soup

Low Sodium Spicy Chili

Cheese Enchilada Whole Meal

Bistro Veggie Burger

Tofu Scramble Breakfast Wrap

Whole Meal Veggie Loaf

Thai Green Curry

Asian Noodle Stir-Fry

Black Bean Vegetable Soup

Spicy Chili

Hearty Spanish Rice & Red Bean Soup

Low Sodium Lentil Soup

Vegetarian Baked Beans

Mexican Casserole Bowl

Teriyaki Wrap

Chinese Noodles and Veggies in Cashew Cream Sauce

Indian Golden Lentil Soup

Sandwich Rounds

Single Serve Non-Dairy Rice Crust Cheeze Pizza

Garden Vegetable Lasagna

Thai Coconut Soup (Tom Kha Phak)

Low Sodium Chunky Tomato Bisque

Low Sodium Medium Chili

Mushroom Bisque With Porcini

Black Bean Vegetable Enchilada

Brown Rice, Black-Eyed Peas & Veggies Bowl

Black Bean Tamale Verde

Light & Lean Indian Paneer Mattar

Gluten Free, Dairy Free Baked Ziti Bowl

Low Sodium Brown Rice & Vegetables Bowl

### **Amy's Kitchen (Cont'd)**

Cream of Tomato Soup

Lentil Soup

Chunky Tomato Bisque

Low Sodium Cream of Tomato Soup

Hearty French Country Vegetable Soup

Black Bean Enchilada Whole Meal

Enchilada Verde Whole Meal

Indian Vegetable Korma

Indian Mattar Tofu

Vegetable Lasagna

Medium Chili with Vegetables

Black Bean Chili

Lentil Vegetable Soup

Bean & Rice Burrito

Sonoma Veggie Burger

### **Sauces/Salsas/Dips**

#### **Bob's Red Mill**

Organic Coconut Flour

#### **GoAvo**

Avocado Spread

#### **OrganicVille**

Original BBQ Sauce

#### **Organicville**

Hot Sauce

Organic Pizza Sauce

#### **Road's End Organics**

Organic Savory Herb Gravy Mix

#### **Rufus Teague's**

Original Meat Dippin Sauce

Spicy Meat Dippin Sauce

#### **Saffron Road**

Lemongrass Basil Simmer Sauce

#### **San J International**

Lite Tamari

#### **San-J**

Organic Gluten Free Reduced Sodium Tamari Soy Sauce

Organic Gluten Free Reduced Sodium Tamari Soy Sauce

### **Soups**

#### **Amy's Kitchen**

Organic Quinoa, Kale & Red Lentil Soup, 12pk

Organic Vegan Chunky Tomato Bisque

Lentil Vegetable Soup

Black Bean Vegetable Soup

Hearty French Country Vegetable Soup

Hearty Rustic Italian Vegetable Soup

Indian Golden Lentil Soup

Low Sodium Cream of Tomato Soup

Hearty Spanish Rice & Red Bean Soup

Chunky Tomato Bisque

Chunky Vegetable Soup

Lentil Soup

Low Sodium Chunky Tomato Bisque

**Amy's Kitchen (Cont'd)**

Low Sodium Lentil Soup  
Organic Split Pea Soup  
Cream of Tomato Soup  
Black Bean Chili

**Dr. McDougall's**

Organic Tortilla Style Soup  
Organic Split Pea Soup GF

**Dr. McDougall's Right Foods**

Organic Gluten Free Vegetable Soup  
Soup Lenti GF

**Dr. McDougalls**

Organic French Lentil Soup LS GF

**Gluten Free Cafe**

Chicken Noodle

**Imagine**

Organic Vegetable Broth  
Creamy Portobello Mushroom Soup  
Low Sodium Beef Broth  
Organic Light in Sodium Creamy Garden Tomato Soup  
Organic Vegetable Broth Low Sodium  
Chicken Broth  
Organic No Chicken Broth  
Creamy Portobello Mushroom Soup  
Low Sodium Chicken Broth

**Imagine Foods**

Organic Creamy Potato Leek Soup  
Organic Creamy Butternut Squash Soup  
Organic Creamy Tomato Soup  
Organic Creamy Tomato Soup  
Organic Soup Creamy Tomato Basil

**Spices and Seasonings****Bob's Red Mill**

Corn Starch

**Edward & Sons**

Bouillon Cubes, Not-Beef

**Organicville**

Organic Red Miso  
Organic Saikyo Sweet Miso

**Saffron Road**

Lemongrass Basil Simmer Sauce