



2153 W. Baseline Rd. | Upland, CA 91784  
(909) 579-2670

# BUILD YOUR OWN SANDWICH

## Sandwich \$7 • Combo +\$2

Combo includes Tractor Soda + Market Side (Salad of the Day, Chips, or Fruit)

### STEP 1: CHOOSE A BREAD

- Rye with Oats (152 cal)
- Ciabatta Roll (140 cal)
- Udi's GF Bread (140 cal)
- Whole Wheat (90 cal)
- Country White (82 cal)
- Bolillo roll\* (120 cal) \*not vegan
- Sourdough (152 cal)
- Whole Wheat Wrap (360 cal)
- Toasted Bread - no charge

All breads are vegan unless stated otherwise noted.

### STEP 2: CHOOSE A CHEESE

- Cheddar (220 cal)
- Provolone (160 cal)
- Fresh Mozzarella (140 cal)
- Swiss (220 cal)
- Pepper Jack (200 cal)
- Chao Alternative Cheese (210 cal)

### STEP 3: CHOOSE 2 SPREADS

- Just Mayo (180 cal)
- Olive Oil (250 cal)
- Olive Tapenade (210 cal)
- Seasonal Spread (Ask a Team Member for Details)
- Yellow Mustard (0 cal)
- Red Wine Vinegar (5 cal)
- Basil Pesto (190 cal)
- Dijon Mustard (30 cal)
- Hummus (220 cal)
- Roasted Garlic Aioli (230 cal)

### STEP 4: CHOOSE A PROTEIN

- Grilled Chicken Breast (190 cal)
- Bacon (150 cal) \$1
- Alternative Protein**
- Extra Protein (2 oz) \$2
- Black Forest Ham (150 cal)
- Mortadella (390 cal)
- Grilled Vegetables (40 cal)
- Roast Beef (130 cal)
- Oven Roasted Turkey Breast (120 cal)
- Avocado (160 cal) \$1
- Genoa Salami (430 cal)
- Fakin' Bacon (280 cal) \$1

### STEP 5: CHOOSE 5 TOPPINGS

- Arugula (10 cal)
- Sliced Tomatoes (5 cal)
- Pepperoncini (5 cal)
- Pickled Red Onion (20 cal)
- Baby Spinach (5 cal)
- Pickles (5 cal)
- Pickled Jalapeño (5 cal)
- Black Pepper (5 cal)
- Green Leaf (5 cal)
- Cucumber (5 cal)
- Grilled Mushrooms (10 cal)
- Sea Salt (0 cal)
- Red Onions (15 cal)
- Fresh Basil (5 cal)
- Grilled Vegetables (40 cal)

ASK ABOUT OUR SEASONAL OPTIONS

**BYO Pizza \$12**

**Add-Ons \$2 ea**

All pizzas made with Terranova pizza dough. (1600 cal)  
All calorie information is based on a whole pizza (8 slices)

### STEP 1: CHOOSE YOUR SAUCE

- Tomato Sauce (240 cal)     Basil Pesto (820 cal)     BBQ Sauce (400 cal)

### STEP 2: DO YOU WANT CHEESE?

- Whole Milk Mozzarella (400 cal)     No Cheese

### STEP 3: PROTEIN ADD-ONS (\$2 each)

- Pepperoni (340 cal)     Bacon (300 cal)  
 Italian Sausage (372 cal)     Grilled Chicken (375 cal)

### STEP 4: CHEESE ADD-ONS (\$2 each)

- Fresh Mozzarella (480 cal)     Kite Hill Almond Ricotta (640 cal)  
 Goat Cheese (506 cal)     Whole Milk Ricotta (352 cal)

### STEP 5: VEGGIE ADD-ONS (\$2 each)

- Arugula (60 cal)     Roasted Red Tomatoes (90 cal)     Spinach (20 cal)  
 Fresh Basil (5 cal)     Grilled Mushrooms (60 cal)     Roasted Garlic (230 cal)  
 Roasted Red Peppers (80 cal)     Fresh Jalapenos (10 cal)     Garlic & Chili Olives (330 cal)  
 Grilled Red Onion (120 cal)     Pineapple (120 cal)

**ORDER AT THE WINDOW**

All pizzas may take up to 20 minutes to prepare.